

Yuma Gastro
Dr. Anireddy, Dr. Esker, Dr. Miller
1390 W. 16th Street, Yuma, AZ 85364
Phone (928) 344-4325 Fax (928) 344-3084

Preparation for EGD/ERCP/EUS

Patient Name: _____

Day and Date of Upper Endoscopy/ERCP/EUS _____

Arrive At _____ ***A 48 HR notice is required for cancellation of procedure or a \$30 fee will be issued. ***

<input type="checkbox"/> Yuma Endoscopy Center	<input type="checkbox"/> YRMC
2261 S. Avenue B	2400 S. Avenue A
(928) 318-2052	(928) 336-2000

You MUST have someone with you to drive you home after the procedure. If you do not, the procedure will NOT be done.

#1. Day before Exam

- Regular breakfast, lunch and evening meal.
- Take your medication as usual at normal times.
- ***Nothing to eat after 10:00pm.***
- ***STOP any chewing tobacco products by 10:00pm.***

#2. Morning of Exam

- ***Refrain from smoking the day of your procedure***
- ***THREE (3) hours prior to your arrival time, STOP drinking clear liquids and Chewing Gum and take your blood pressure and heart medications.***

No Diabetic medications until after your procedure.

No solid food, No milk, Nothing red or purple (including medications).

If you have any questions regarding your preparation or to reschedule/cancel your appointment, please call Yuma Gastro at (928) 344-4325.

CLEAR LIQUID is any liquid that you can see through. Examples: apple juice, white grape juice, sports drinks, chicken or beef bouillon, and jello (No fruit, toppings, red or purple jello). Do not drink milk or juices with pulp. Avoid red and purple drinks.