

## Essential Information About Your Procedure

You have been scheduled for a procedure at **Yuma Endoscopy Center** located at 2261 S. Avenue B, Yuma, AZ 85364. You will be contacted the day before your procedure to confirm your appointment time and arrival, to verify that you understand the preparation process and to answer any questions. Please call the center at 928-318-2052 if you have not been contacted by a Yuma Endoscopy Center staff member to confirm your appointment at least 24 hours prior to your procedure time. ***If you are under the age of 18, or unable to sign for yourself, a parent or legal guardian must be with you the day of your procedure to sign consent forms.***

Please arrive at Yuma Endoscopy Center at your designated **arrival time**. This will allow adequate time for you to review the consent forms and to prepare for the procedure. Remember to bring your insurance cards and a list of prescription **and** non-prescription medications. It is your responsibility to arrange for a responsible person to drive you and assist you into your home after the procedure. **They must remain at the facility throughout your stay and remain with you 12-24 hours after the procedure.** The medication that you receive for the procedure may interfere with your memory so with your consent your responsible person will be with you in recovery to receive the physician's preliminary findings.

You may wear glasses, contact lenses, hearing aids and dentures. If you are having an upper endoscopy, please refrain from using denture adhesives because your dentures will need to be removed prior to the procedure. Wear loose and comfortable clothing and shoes (no high heels). We are not responsible for damaged or lost property so please leave all valuable at home.

A preparation instruction sheet was included in your packet and it is extremely important that you follow all the directions carefully. If you are having a colonoscopy, you must take all preparations in their **entirety**. No food may be consumed after 9 a.m. the day before your procedure, however we do encourage substantial amounts of clear liquids. Broths will help to satisfy hunger when you desire to eat. If you cannot tolerate the preparation, please call Yuma Endoscopy Center at 928-318-2052 as early as possible prior to the appointment arrival time. You may take all your medications up to three hours before the procedure except for iron or diabetic medications. You may brush your teeth before the procedure but **REMEMBER, nothing in the mouth three (3) hours before the procedure (no medications, no sips of water, no gum, etc.)**

### What to Expect Once You Arrive

Please check-in at the front desk. You will be asked to review and sign forms about your insurance, your rights as a patient and advanced directives. You will be escorted to the pre-procedure area and provided a gown and bag for your belongings. We will check your blood pressure, pulse, heart rate and rhythm, temperature and oxygen saturation before, during and after the procedure. A nurse will begin an intravenous line (IV) in the pre-procedure area. The IV is how you will receive medication that will keep you comfortable for the procedure. After the procedure, **it is not unusual** to feel lightheaded, dizzy, drowsy, forgetful or sleepy for several hours. You may feel bloated and need to expel air orally or rectally. You may consume a light meal after leaving the facility unless instructed differently by the physician. Two hours after consuming a light meal you may resume your regular diet if you tolerated the light meal well. Do not drive, operate machinery, drink alcohol, cook or sign legal documents the rest of the day. Verbal and written discharge instructions that include the physician's office contact telephone number will be given to you before you leave the facility. Once you are alert please read the instructions and make note of any follow-up appointments or tests that may have been scheduled. A Yuma Endoscopy Center clinical staff member will call you within a few days after your procedure to see how you are feeling and to answer any questions that you may have.

### Essential Information About Your Bill

It is your responsibility to contact your insurance company to confirm your benefits and to obtain knowledge about a deductible payment due at the time of the procedure. The total cost for procedures are derived from three areas.

**Yuma Endoscopy Center's facility fee**-This fee is separate from the physician's fee. This covers the cost of providing nurses, technicians, equipment and supplies involved in the performance of your services.

**Pathologist's fee**- If there are biopsies taken during your procedure, you will be billed by Yuma Gastro Pathology (the laboratory where the tissue is reviewed). If your insurance requires another laboratory, it is your responsibility to inform us at the time of check-in so other arrangements can be made. If you have questions regarding your pathology bill, please call the billing service.

**Physician's Professional Service fee**- This fee is for providing the endoscopy procedure, supervising, interpreting and consulting with you and your referring physician. Your physician from Yuma Gastroenterology will be billed separately for his/her professional services.

**IF YOUR INSURANCE REQUIRES YOU TO PAY A DEDUCTIBLE PLEASE BE PREPARED TO REMIT ANY UNMET PORTION AT THE TIME OF SERVICE.** If you have Medicare only (no secondary insurance) please be prepared to pay 20% at the time of service for the facility fee. Our office accepts MasterCard, Visa, American Express, Discover, checks (made payable to Yuma Endoscopy Center) **and cash in the exact amount.**

***If you must cancel or reschedule your appointment contact our office at least 48 hours prior to you scheduled appointment or a cancellation fee of \$30.00 will be assessed.***

